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## BESTOPE Resistance Bands Set Exercise Bands, Resistance Bands Set Men Workouts With 5 Fitness Tubes, 4 Foam Handles, 2 Ankle Straps, Door Anchor, Home Gym Equipment for Yoga Pilates Strength

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Brand: BESTOPE PRO

★★★★★ 64 ratings | 36 answered questions

Price: **£18.99** ✓prime & FREE Returns

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New & Used (4) from **£10.83** ✓prime

Brand	BESTOPE PRO
Material	Foam, Rubber
Colour	Black

### About this item

- **[STACKABLE RESISTANCE BANDS]** Each home gym resistance band has a different resistance level and is marked with its equivalent weight, yellow 10 lbs, red 20 lbs, green 30 lbs, blue 40 lbs, black 50 lbs. Exercise bands can be used alone, or stack used together to 150LBS to meet your different exercise stages needs. No matter you're a beginner or an experienced person, a man or woman, You can get started easily.
- **[YOUR HOME GYM EQUIPMENT]** Resistance bands set can help you save expensive gym costs, and you don't need to buy extra exercise equipment. The resistance bands set is portable and comes with a resistance band bag, allows you to easily transport the fitness equipment to the gym, bedroom, garage, or a hotel room, help you carry out exercise anytime, anywhere and create perfection body shape.
- **[PREMIUM MATERIALS]** Exercise resistance bands set to ensure safe use resistance bands are made of equipmentally friendly good quality.

